



everysmile

GUIDE TO INVISALIGN[®]



Achieve a straighter smile with clear aligners



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Contents

1 Introduction to Invisalign®
page 4

2 Issues Invisalign® Can Correct
page 5

3 Why Choose Invisalign®?
page 6

4 The Invisalign® Process
page 7

5 Life with Invisalign®
page 8

6 Frequently Asked Questions
page 9

7 Our Commitment to You
page 10

8 Smile Stories
page 11

● Exceptional care ● Friendly atmosphere ●



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What is Invisalign®?

The clear path to a confident smile

We understand the importance of a beautiful smile.

If you've been considering orthodontic treatment to achieve straighter teeth, Invisalign® offers an innovative solution that combines effectiveness with discreetness. Invisalign® uses advanced technology to straighten your teeth with a series of clear, custom-made aligners.

Invisalign® aligners are designed to be virtually invisible, allowing you to undergo orthodontic treatment without the self-consciousness often associated with traditional metal braces.

Braces rely on brackets and wires, while Invisalign® aligners are made from a smooth, transparent plastic material that fits snugly over your teeth. The aligners are custom-crafted to suit your unique dental structure and are replaced every one to two weeks to gradually guide your teeth into their desired positions.

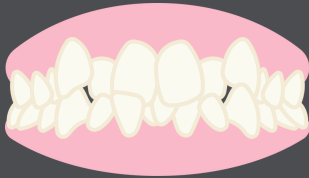
During your Invisalign® journey, our skilled dentist will monitor your progress, ensuring that your treatment plan is progressing as anticipated. Regular check-ups will allow us to make any necessary adjustments and provide you with new sets of aligners as your teeth gradually shift into alignment.

Choosing Invisalign® means choosing a comfortable and personalised orthodontic treatment. With our expertise and the latest advancements in dental technology, we'll create a treatment plan tailored to your unique needs and desired outcomes. Your dream smile is within reach, and we're here to guide you every step of the way.

Issues Invisalign® Can Help With

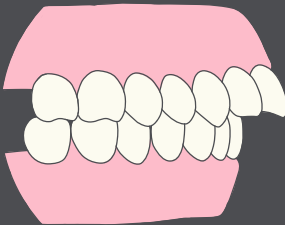
Not sure if Invisalign® is the right treatment for you?

Here are 3 common issues that Invisalign® can correct.



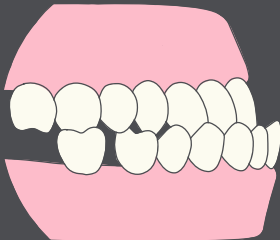
Crowding

If your teeth are overcrowded and overlapping, Invisalign® can gradually shift them into proper alignment, creating space and improving overall dental health.



Overbite

An overbite is when the upper front teeth excessively overlap the lower teeth. Invisalign® can help correct the bite alignment and achieve a more harmonious smile.



Underbite

In cases where the lower teeth protrude further than the upper teeth (underbite), Invisalign® can address this issue by gently moving the teeth into proper alignment.

Why Choose Invisalign®?

Benefits of Invisalign®

Aesthetics

Invisalign® aligners offer a clear advantage in terms of aesthetics. Made from a transparent material, they are virtually invisible when worn, allowing you to straighten your teeth discreetly. Whether you're attending social events, giving presentations at work, or simply going about your daily routine, Invisalign® aligners provide a subtle and aesthetically pleasing solution.

Easy to brush and floss

One of the key advantages of Invisalign® is the ability to remove the aligners whenever you need. They can be taken out when you eat, drink, brush, and floss. This means you can enjoy all your favourite foods without worrying about damaging braces or getting food stuck in wires! Also, maintaining your oral hygiene routine is very easy, as you can clean your teeth and aligners separately.

Customised treatment

Every smile is unique, and Invisalign® recognises that. Your treatment plan begins with a comprehensive assessment of your teeth and bite. Each set of aligners is then tailored to fit your teeth precisely, ensuring optimal comfort and effectiveness. With Invisalign®, you can be confident that your treatment is tailored to your specific dental needs, helping you achieve the best possible results.

The Invisalign® Process

Your journey to a straighter smile

1 Initial Consultation

During your initial consultation, we will assess your oral health and determine if Invisalign® is the right treatment option for you. We will discuss your treatment goals, take digital impressions or scans of your teeth, and gather any necessary records to create a comprehensive treatment plan.

2 Customised Treatment Plan

Using advanced technology, we will create a customised treatment plan just for you. With the help of 3D imaging, we will map out the precise movements of your teeth from their current position to the desired final alignment. You will even have the opportunity to preview the virtual representation of your future smile before we begin the treatment.

3 Aligner Progression

Once your custom-made aligners are ready, we will schedule a fitting appointment. You will receive a series of aligner sets, each designed to be worn for approximately one to two weeks before progressing to the next set. Each aligner set will gently and gradually shift your teeth into their desired positions. It's essential to wear your aligners for 20-22 hours a day to ensure optimal progress. We will monitor your progress through regular check-up appointments, ensuring that your treatment is progressing as planned.

4 Retention & Aftercare

After completing your Invisalign® treatment and achieving your desired smile, we enter the retention phase. We will provide you with retainers that are custom-made to maintain the alignment of your teeth. This is crucial to prevent any potential relapse and to ensure that your new smile lasts for a long time. Our team will guide you on how to care for your retainers and schedule periodic check-ups to monitor the stability of your results and address any concerns that may arise.

5 Never stop smiling!

Life With Invisalign®

8 tips for a successful treatment experience

Incorporating aligner wear into your daily routine is crucial for successful treatment.



Wear aligners for 20-22 hours daily.



Remove aligners only when necessary (eating, drinking, brushing, and flossing).



Clean aligners daily with a soft toothbrush and mild soap/specialised solution.



Store aligners in the provided case when not wearing them.



Brush teeth before reinserting aligners.



Floss daily to maintain oral hygiene.



Rinse aligners with lukewarm water when removed.



Brush teeth after meals/snacks before wearing aligners.

Frequently Asked Questions

Clearing up common concerns

Will Invisalign® affect my speech?

Invisalign® aligners may have a slight impact on speech during the initial adjustment period. However, most patients adapt quickly, and any speech changes are typically temporary.

Can I chew gum while wearing aligners?

No, you should not chew gum while wearing your aligners, as it can stick to and damage them. It is advisable to remove the aligners before chewing gum and reinsert them after.

What happens if I lose or damage an aligner?

If you lose or damage an aligner, contact our dental practice immediately. Depending on your stage of treatment, we will advise you on the best course of action, which may involve wearing the previous aligner or progressing to the next one.

Will Invisalign® treatment be painful?

Invisalign® treatment typically involves mild discomfort or pressure during the initial stages or when transitioning to a new set of aligners. This is a sign that the aligners are working and gradually moving your teeth. Any discomfort is usually temporary and should subside as your mouth adjusts.

Our Commitment to You

Unparalleled Expertise



- ◆ Our experienced dentists - Dr Aisha and her team - are dedicated to transforming smiles with Invisalign® treatment. We understand the art and science of orthodontics, ensuring exceptional results.

Holistic Approach



- ◆ We focus on your overall oral health throughout your Invisalign® journey.
- ◆ We offer comprehensive care, emphasising the importance of oral hygiene for vibrant teeth and gums.

Warm and Welcoming



- ◆ Our friendly team creates a welcoming environment where you can feel at ease. We address your concerns and strive to make your dental experience positive and comfortable.

Beyond Invisalign®



- ◆ As your trusted dental partner, we provide comprehensive care to meet all your oral health needs. From regular check-ups to a brighter smile, our dedicated team is here to ensure your satisfaction and optimal oral health. Trust us for exceptional dental care in a comfortable environment!

Personalised Treatment



- ◆ We listen to your concerns and goals, creating a customised Invisalign® treatment plan that suits your unique needs. Your satisfaction and comfort are our top priorities.

Smile Stories



Book an initial consultation today
and start your journey towards a straighter smile!



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